

# JOIN THE YOUTH MENTAL HEALTH ADVISORY BOARD

*Advocate for positive change in your  
community & throughout New York State!*

The Youth Mental Health Advisory Board (YMHAB) plays a crucial role in informing policies for the Office of Mental Health, Office of Addiction Services and Supports, and advising the Governor. Your voice matters, and we are dedicated to empowering young people to make a difference!

## **Requirements:**

- Middle or High School student interested in mental health, including with lived experience
- Application Process: Fill out the application for the Youth Mental Health Advisory Board (YMHAB)
- Commitment: Attend at least 4 meetings per year, 2 of which will be in-person in Albany (compensation, travel, hotel, meals covered).

**APPLY NOW!**  
[bit.ly/3tQ9RAn](https://bit.ly/3tQ9RAn)

*Fill out the YMHAB  
Application and we  
will contact you for  
an interview.*

**Families  
Together**  
in NYS **YouthPower!**

